

**FOR IMMEDIATE RELEASE**

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**MAYOR**  
Deana Holiday  
Ingraham

**COUNCIL  
MEMBERS**

**Ward A**  
Sharon D. Shropshire  
Lance Robertson

**Ward B**  
Karen René

**Ward C**  
T. Starr Cummings  
Myron B. Cook

**Ward D**  
Joshua B. Butler, IV  
Stephanie Gordon

**CITY MANAGER**  
Deron King

**Mayor Deana Holiday Ingraham Announces 2<sup>nd</sup> Annual 5K Run/Walk Winners**

*Race participants celebrate conclusion of 90-Day health initiative and raise funds for East Point youth*

**EAST POINT, GA.-** Mayor Deana Holiday Ingraham is proud to announce the winners of the 2<sup>nd</sup> annual “The Healthy Point Healthy Schools” 5K Run/Walk on July 9, 2022, in the City of East Point. Dozens of runners and walkers laced up their shoes to celebrate the conclusion of “The Healthy Point: 90-Day Health Initiative” at John D. Milner Park while raising funds to support East Point youth. The celebration was filled with fun and games including kickball, pickle ball, youth flag football, health vendors, an aerobics warm-up, CPR demonstrations, music and healthy food!

“The journey towards becoming healthier is easier when not traveling alone and I am so grateful to have crossed the finish line with East Point residents, City leaders, community members and people from across the metro area who are committed to this cause,” said Mayor Deana Holiday Ingraham. “My hope is that our 90-day journey encourages people to remain committed to making healthier lifestyle choices each and everyday.”

The overall 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners were:

1<sup>st</sup> Matthew West

2<sup>nd</sup> Jakym Battle

3<sup>rd</sup> Roosevelt Gilbert

The list of winners by age group were:

- **Overall Male:** Matthew West
- **Overall Female:** Zulma Stevens
- **10 and Under:** Malik Swift
- **11 to 19:** Kwame Swift
- **20 to 29:** Linde Parcels
- **30 to 39:** Jakym Battle
- **40 to 49:** Roosevelt Gilbert
- **50 to 59:** Rodney Harris and Crystal Hart Johnson
- **60 and over:** Katherine Jackson



The winners will be recognized by Mayor and Council at an upcoming City Council Meeting.

The City of East Point greatly appreciates our title sponsors, Humana & SA Recycling, as well as WellStar Atlanta Medical Center South, the Aerotropolis Community Improvement Districts, and the Food Well Alliance for sponsoring “The Healthy Point.” We are also honored that AARP Georgia, the East Point Farmers Market, the Tri-Cities High School Culinary Department, Market 166, East Point Parks & Recreation, BoxFit and Dynamic Duo Fitness partnered with us this year.

To view photos, click [here](#).

### **Photo Captions**

- *IMG\_5451: Race participants kickoff the 2<sup>nd</sup> Annual “The Healthy Point Healthy Schools” 5K Run/Walk at John D. Milner Park*
- *IMG\_5507: Fox 5 Atlanta News Anchor Deidra Dukes and Mayor Deana Holiday Ingraham crossing the finish line*
- *IMG\_5512: Mayor Deana Holiday Ingraham poses with race winners Linde Parcels and Matthew West*
- *IMG\_5489: (L to R) Race winners Jakym Battle and Roosevelt Gilbert with East Point City Councilwoman Karen Rene and race winners Zulma Stevens, Matthew West and Linde Parcels*
- *IMG\_5437: Race participants join in a quick warm-up led by Rho Shelton, co-owner of Dynamic Duo Fitness*

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### **About The City of East Point**

The City of East Point is approximately 13.8 miles with a population of over 38,000. Located southwest of Atlanta, East Point is conveniently located minutes away from Hartsfield-Jackson International Airport. This quaint urban community’s prime location, numerous retail, and great restaurants make it an attractive place for a “live-work-play-shop-stay” environment because there’s no point like East Point. For more information about the City of East Point visit [www.eastpointcity.org](http://www.eastpointcity.org). Also like us on Facebook at [www.facebook.com/cityofeastpoint/](http://www.facebook.com/cityofeastpoint/) and follow us on twitter @cityofeastpoint, snapchat @cityofeastpoint, or instagram @cityofeastpoint.

